



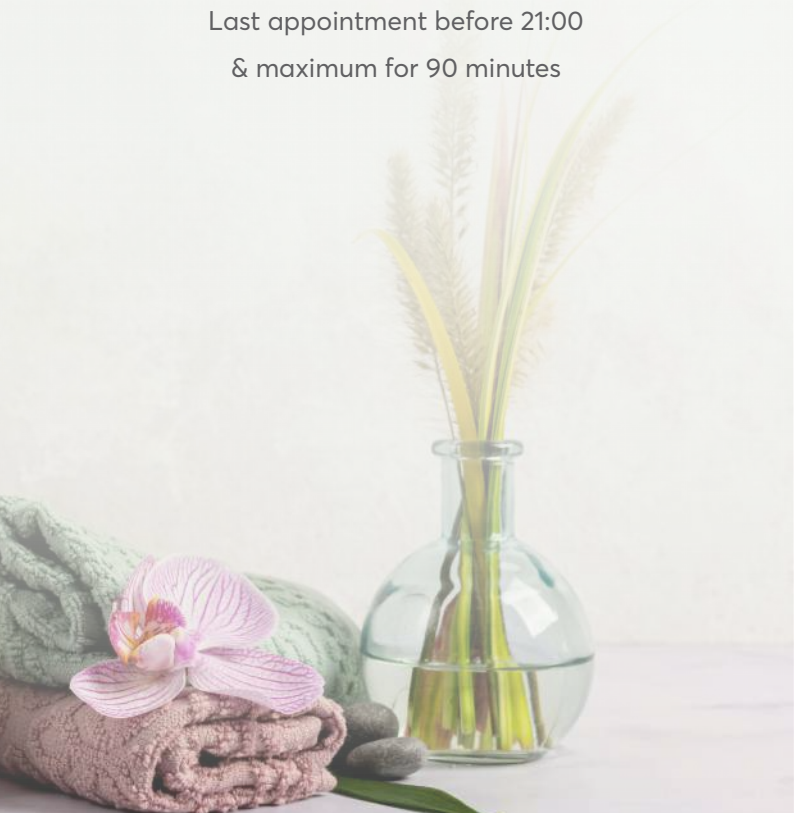
LA MAISON SPA
WELLNESS & THERAPY

SPECIAL MENU

Opening hours: Daily from 10:00 – 22:00

Last appointment before 21:00

& maximum for 90 minutes



BAMBOO

SPECIAL TREATMENT



Since ancient times, bamboo has been a traditional cultural symbol of Vietnamese people. It not only carries many profound values but is also a miracle medicine that helps relieve tension, fatigue, and stress effectively.

Bamboo massage is a not new massage therapy, first put into use in 2004, but is quite sophisticated and requires many difficult skills in treatment.

At La Maison Spa, bamboo massage is like a breath of new vitality to your body with the technique of heating the bamboo stick and massaging the bamboo tube over the entire body, impacting deep inside the vessels to bring comfort, Soothing, bringing comfort and soothing muscle pain. Besides, hot bamboo sticks also affect acupressure points to eliminate toxins in the body, helping blood circulation, bringing you to deep sleep and maximum relaxation.

SPECIAL BAMBOO MASSAGE

75'
999

90'
1,150

120'
1,490

BAMBOO MASSAGE BENEFITS

- ⊗ Natural detoxification & weight loss.
- ⊗ Releases tension in larger muscles through intensive kneading.
- ⊗ To soothe and relieve the discomfort of heavy and tired legs for office staffs
- ⊗ Increase flexibility
- ⊗ Rehabilitation for injuries

Signature Bamboo Therapy

1,800 - 140'

Get rid of all stress and fatigue by starting with a herbal leaf steam bath at La Maison Spa, followed by deep relaxation with hot bamboo massage. Finally, you will get soft, smooth skin right after exfoliating with Himalayan salt

Including:

Herb steam bath	30'
Bamboo massage	75'
Body scrub with salt	35'

Time unit is in minute. Price unit is in VND
Prices are quoted to 5% service charge & Government tax
Additional charge of 15% in National Holiday & Tet Festival



HERBAL THERAPY








With traditional Vietnamese medical therapies from ancient times, using herbs and precious ingredients available in nature to treat fatigue and body aches.

La Maison Spa will take you to a traditional massage therapy method by heating medicinal herbs and moving them over the entire body. The heat from the herbal compresses spreads and penetrates to help stimulate circulation, blood, improve blood circulation, dispel fatigue. Herbal aromatherapy helps you reduce stress and relax your mind.

SPECIAL HERBAL MASSAGE

75'	90'	120'
1,199	1,349	1,690

HERBAL MASSAGE BENEFITS

-  Reduce joint & muscle pain.
-  Increase circulation & lymphatic flow.
-  Speed recovery from sports activities.
-  Ease tension & muscle cramps.
-  Reduce swelling & inflammation.
-  Increase flexibility, lengthen taut muscles.
-  Detoxify; warms & aids the digestive system.



Herbal Special Therapy

2,219 - 165'

Like a small oasis in the heart of Hanoi city, the scent of plants and herbs creates a rustic space, imbued with ancient Vietnamese characteristics, La Maison brings you a feeling of closeness and relaxation, absolutely when immersing yourself with Herbal Package

Including:

Herb steam bath	30'
Herbal massage	75'
Five-flower face	60'

Time unit is in minute. Price unit is in VND
 Prices are quoted to 5% service charge & Government tax
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L'HÔTEL
du LAC

LA MAISON SPA
(Managed by L'HÔTEL du LAC)

A: 35 - 37 Hang Trong street, Hoan Kiem district, Hanoi

T: +84 24 3934 6333

E: info@lamaisonspa.com.vn

W: www.lamaisonspa.com.vn

